

Personal Health Profile (PHP)



What is a Personal Health Profile (PHP)?

The PHP is a confidential health survey designated to help you find new ways to understand and improve your health.

What is in it for me?

When you fill out WellCall's confidential PHP, you'll immediately receive a customized wellness report detailing your health status and specific steps you can take to improve your health. Some topic areas include:

- Weight
- Nutrition
- Exercise
- Stress
- Smoking
- Cancer Risk
- Cholesterol
- Blood Pressure

When do I need to complete the PHP?

If you (and your spouse/partner) want to have medical insurance coverage in 2012, your PHP must be completed by **November 15, 2011**.

If you (and your spouse/partner) would like to participate in DriveTime's Wellness Program, use your biometric information (blood work results) to complete your PHP.

Will DriveTime receive the results from my PHP?

No, your results remain only visible to you and are confidential. We receive aggregate statistics and self-disclosed tobacco use.

How long will it take for me to complete my PHP?

It should take approximately 15 - 20 minutes to complete.

How to Get Started

1. Go to www.mywellcall.com
2. Enter your email and password*.

*If you are a first time visitor, click the "Register" button. Enter our company password: drivetime. Follow the instructions to complete your registration. Once your account is activated, return to www.mywellcall.com and log in with your email address and password.

3. Click on "My Personal Health Profile."

4. Select your language and click "continue."

5. Read the Privacy Statement and check the box if you agree.

6. Enter your first name, last name, DOB, and your medical insurance Member ID on your ID card. If you do not have a Member ID, please enter 9 zeros.

7. Complete your profile and select "update."

8. Select "Take Survey" and answer all of the questions.

If you have login/password questions, e-mail: helpdesk@wellcall.com
For all other questions, email: Benefits@drivetime.com



LifeTime
DriveTime Benefits Package